Keep Them Strong

Osteoporosis is a bone disease which results in more disability than that caused by many cancers and chronic diseases. Worldwide, one in three women over 50 will break a bone due to osteoporosis. Don’t wait until it affects you.

Take a simple risk test at www.worldosteoporosisd.org, and learn how to stay strong from the inside. Tell your friends and family about better bone health and help keep them strong.

Talk • Test • Treat

to your doctor for osteoporosis

your condition

wear white on October 20 and embrace better bone health