WORLD OSTEOPOROSIS DAY 2013

Global Sponsors

Wear white on October 20 and embrace better bone health

In collaboration with

Osteoporosis is a bone disease which results in more disability than that caused by many cancers and chronic diseases. Worldwide, one in three women over 50 will break a bone due to osteoporosis. Don’t wait until it affects you.

Take a simple risk test at www.worldosteoporosisday.org, and learn how to stay strong from the inside. Tell your friends and family about better bone health and help make them stronger too.

Talk • Test • Treat

to your doctor

for osteoporosis

your condition

International Osteoporosis Foundation

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