

# REAL MEN

BUILD THEIR STRENGTH FROM WITHIN

## MAKE YOUR BONE HEALTH A PRIORITY

One in five men aged over 50 years will break a bone due to osteoporosis. Take the online 1-minute risk test and find out how to reduce your risk of future fractures.

**#LoveYourBones** [www.worldosteoporosisday.org](http://www.worldosteoporosisday.org)

