

# A BROKEN WRIST IS NOT THE PROBLEM



Osteoporosis doesn't reveal itself until you break a bone, often at the wrist or spine. Prevent a larger problem by taking action now.

If you are over 50 and have broken a bone, get tested for osteoporosis.



1

**ASK A DOCTOR**

2

**GET TESTED**

3

**GET TREATED**

Visit [www.worldosteoporosisday.org](http://www.worldosteoporosisday.org) for more information.



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