

MAKE YOUR FIRST BREAK YOUR LAST



Osteoporosis doesn't reveal itself until you break a bone, often at the wrist or spine. Prevent a larger problem by taking action now.

If you are over 50 and have broken a bone, get tested for osteoporosis.



1

ASK A DOCTOR

2

GET TESTED

3

GET TREATED

Visit www.worldosteoporosisday.org for more information.



WorldOsteoporosisDay | LOVE YOUR BONES
October 20

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