

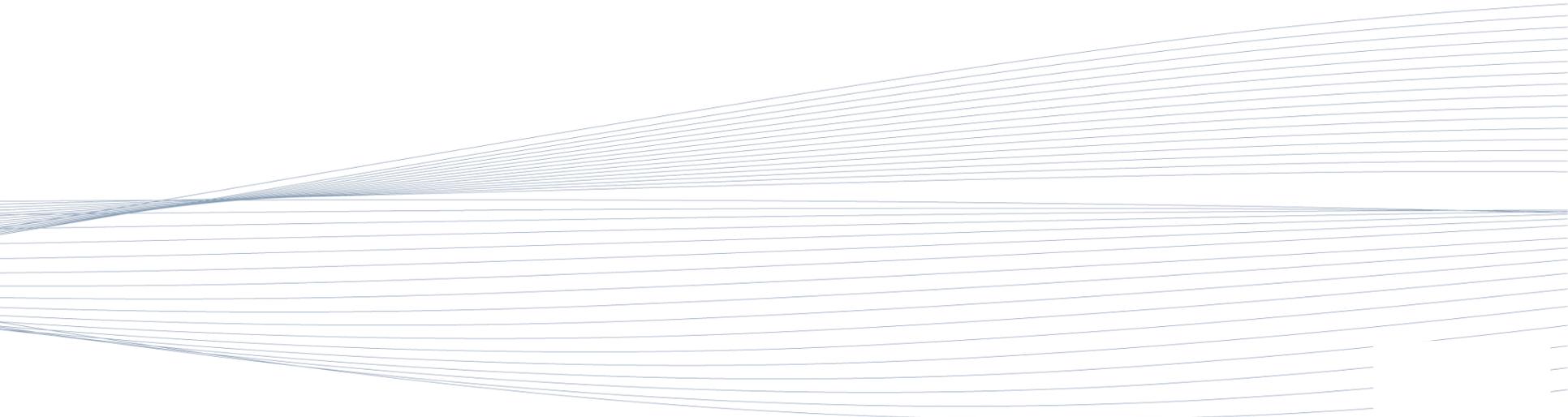


The IOF University Network





IOF and its Committees



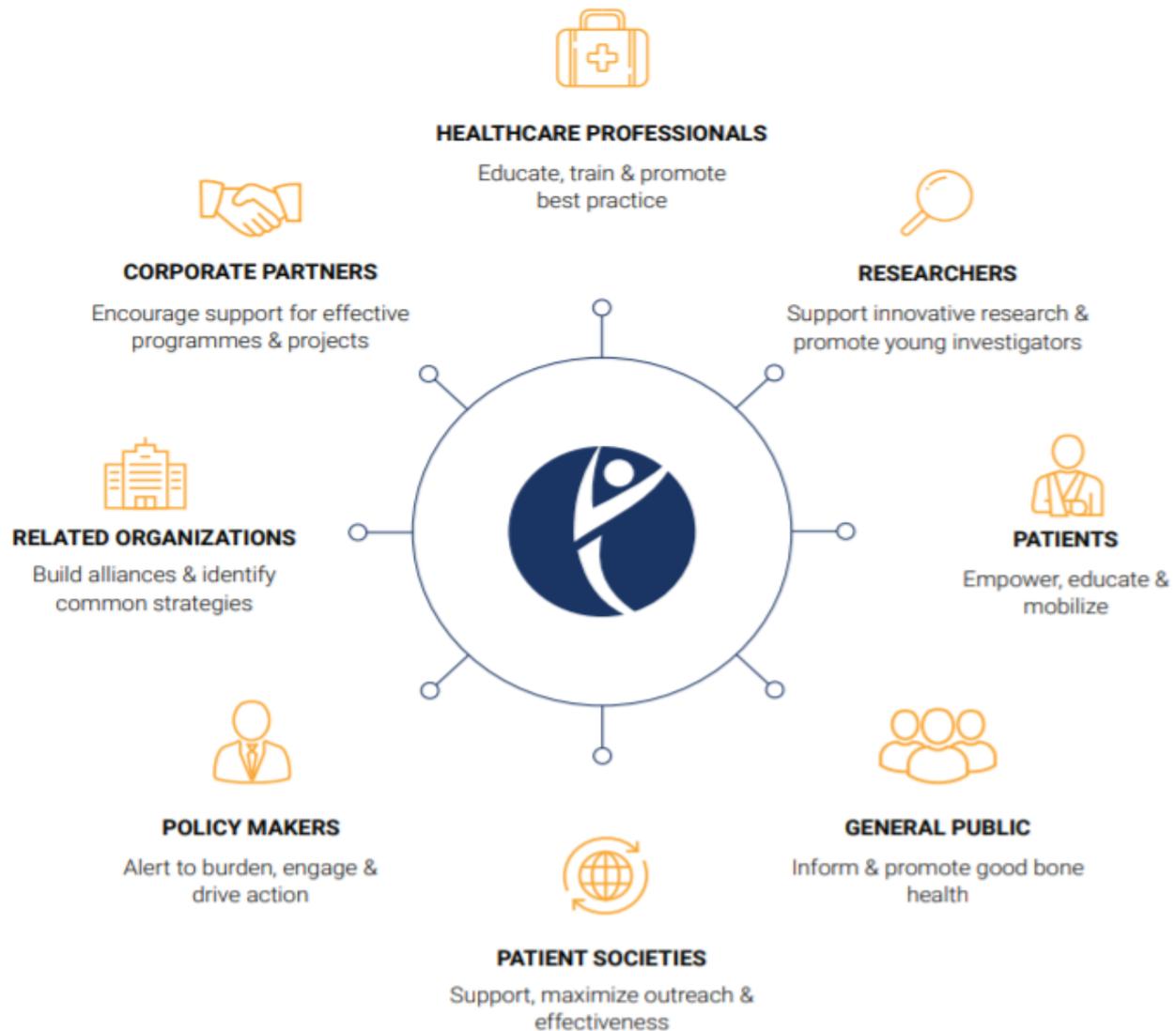
VISION AND MISSION OF IOF

VISION

Our vision is a world without fragility fractures, in which healthy mobility is a reality for all

MISSION

To promote bone and musculoskeletal health as a worldwide priority.



The IOF Committees

An extensive network of key stakeholders

The IOF Committee of National Societies



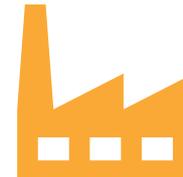
A comprehensive **network of patients' and scientific organizations** showing interest in advocating on bone health, promoting **patient empowerment**, and **supporting research and education** of health professionals worldwide

The IOF Committee of Scientific Advisors



The **medical and scientific community of IOF**. It's comprised of **162 global experts** in the field of osteoporosis and musculoskeletal health. The CSA mission entails **advising the Board** in all scientific matters related to IOF's work, **further the clinical and research objectives** of IOF, **support national policy changes** and provide **recommendations for Best Practice** in the fields.

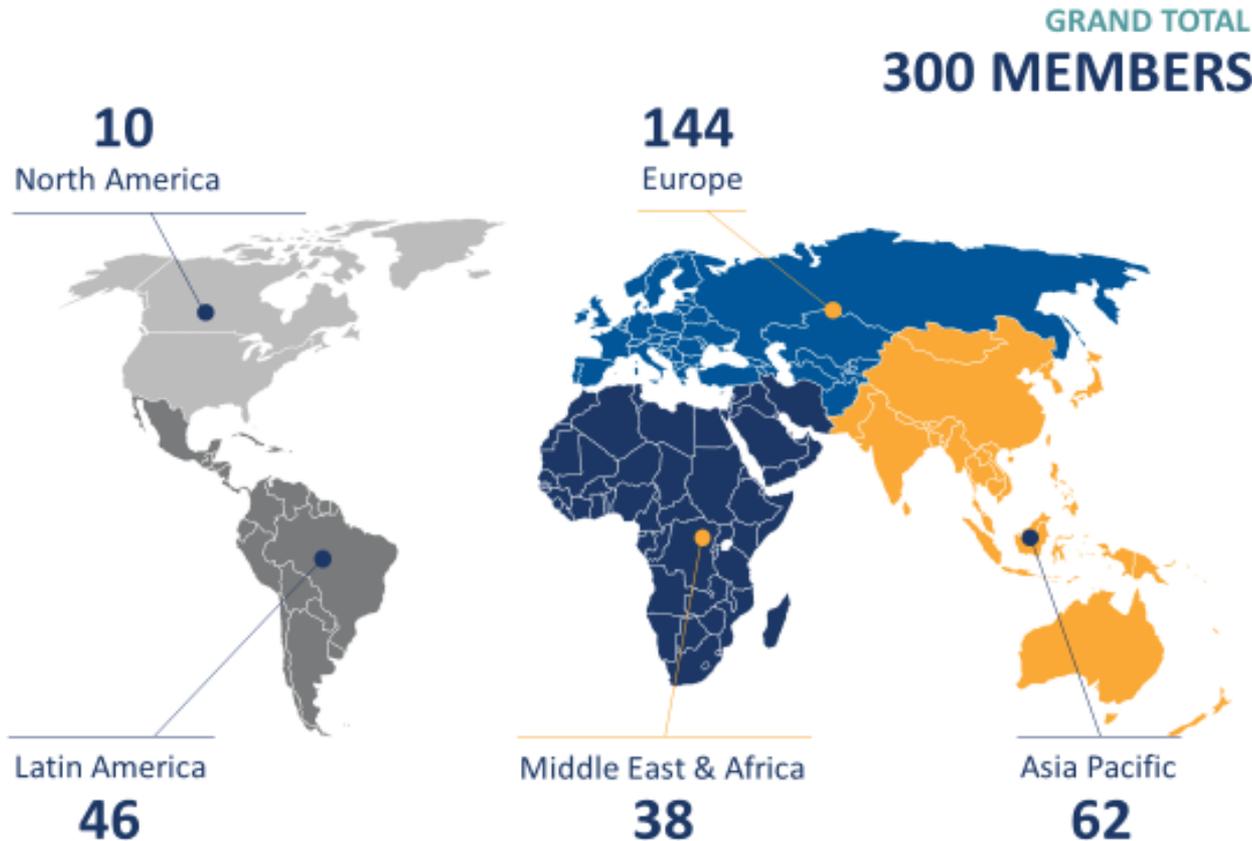
The IOF Committee of Corporate Advisors



A unique forum composed of a **wide and diversified range of companies** committed to promoting bone health and improving osteoporosis and fracture prevention and care. Members of the Committee include leading companies in pharmaceuticals, orthopaedic/medical devices, and the food and nutrition industries.

IOF Committee of National Societies

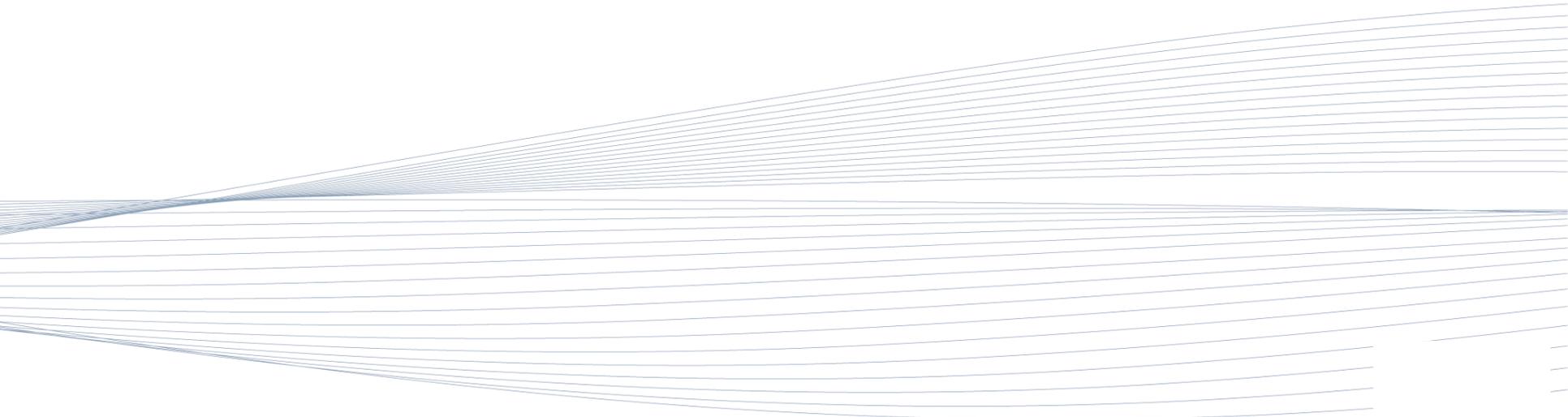
An extensive network of organisations, with **300 members** in **148 countries** representing **94%** of the global population





The IOF University Network

Multidisciplinary collaboration worldwide



Scope and Objectives



Expand the IOF Network by integrating renowned Universities worldwide



Universities will be **Allied Members of the IOF Committee of National Societies**



Support the **next generation of KOLs** of in the field of osteoporosis and musculoskeletal diseases



Share knowledge on the latest developments and challenges in the bone field



Develop research projects to encourage young scientists and young HCPs to pursue studies in the field of osteoporosis and musculoskeletal diseases



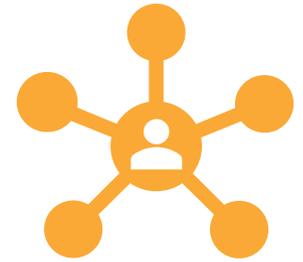
Elaborate programmes for young scientists and health professionals collectively

Membership Benefits

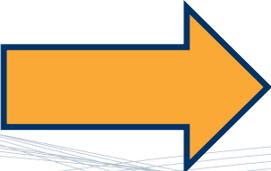


- Access to educational and scientific resources & materials
- Access to a **global network of experts**
- Opportunity for **collaboration on research projects**
- **Endorsement** of musculoskeletal and bone health meetings and publications
- Access to **advocacy resources** to support organization of osteoporosis awareness activities
- **Free registrations** to WCO-IOF-ESCEO Congress and IOF Regional Events

How to join

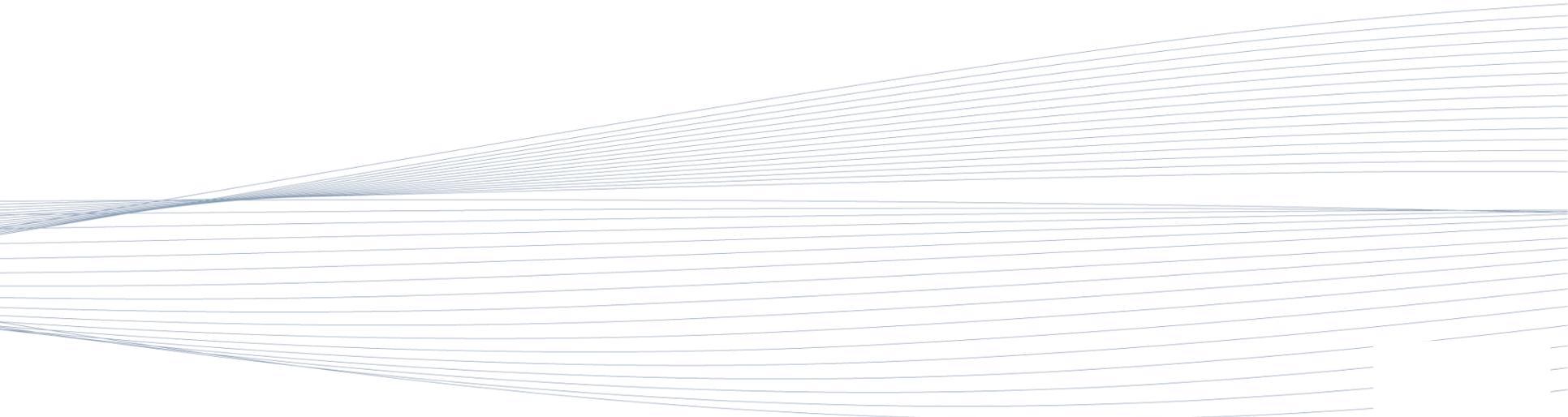


- By joining your University will **actively take part in the global voice dedicated to osteoporosis, fragility fractures and musculoskeletal disorders** around the world.
- Your institution will be an **Allied Member** of the Committee of National Societies
- **Members in the IOF network** represent a broad range of related interests.
- **Free membership**

- 
- Fill out the [IOF University Network Application Form](#)
 - Send it to lorelei.demullier@osteoporosis.foundation



IOF resources and flagship operations



Educational Hub



IOF EDUCATIONAL HUB

What can I learn today?

ALL IOF ESSENTIALS TOOLS AND RESOURCES DIVIDED BY TOPICS & MATERIALS

BY TOPICS

 OSTEOPOROSIS	 EPIDEMIOLOGY	 FRACTURES	 CALCIUM
 VITAMIN D	 NUTRITION & LIFESTYLE	 CAPTURE THE FRACTURE	 OSTEOPOROSIS AND ASSOCIATED DISORDERS

BY MATERIALS

WEBINARS 	AUDITS 	BROCHURES 	FACTSHEETS 
INFOGRAPHICS 	MAPS 	PATIENT RESOURCES 	POSTERS 
SLIDE KITS 	SURVEYS 	THEMATIC REPORTS 	VIDEOS 

NUTRITION | NUTRITION IN CHILDREN | EXERCISE

Thematic report: **HOW CAN WE IMPROVE HEALTHY DIET IN MEN?** | **LEADER: GREGG LAMARCA**

Fact sheets: **Sense Up** | **CHOOSE LANGUAGE**

WESTERN EUROPE EPIDEMIOLOGICAL AUDITS 2018
BROKEN BONES BROKEN LIVES

Global report | France | Germany | Italy

BROKEN BONES | **CHOOSE LANGUAGE**

VIDEOS

SAFETY AND EFFICACY OF CALCIUM AND VITAMIN D SUPPLEMENTATION
Speaker: Prof. Nicholas Harvey
Date: January 23, 2020

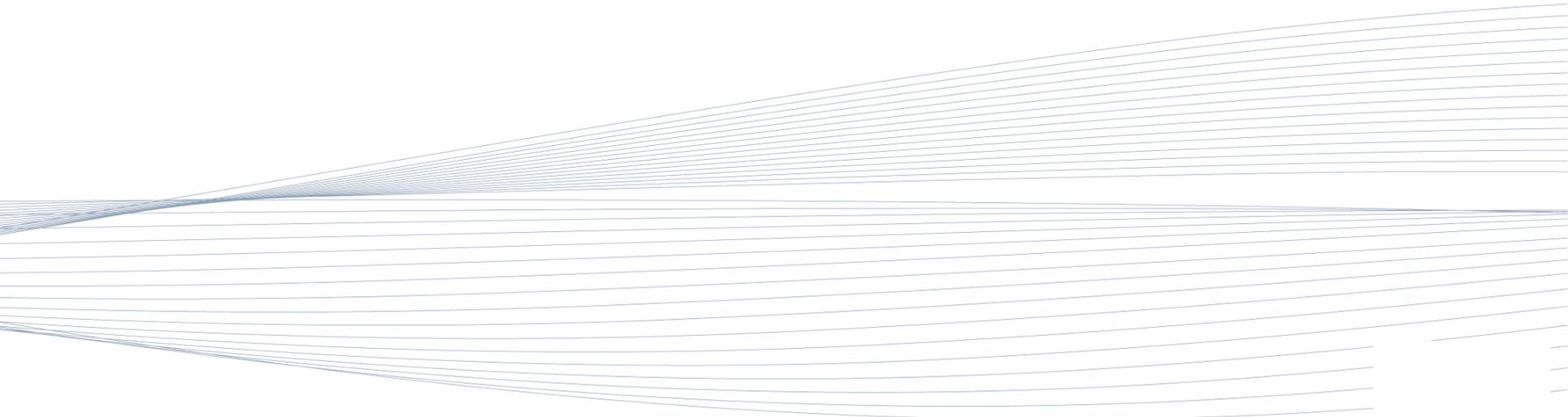
WEBINAR
SAFETY & EFFICACY OF CALCIUM & VITAMIN D SUPPLEMENTATION

Key learning objectives include:

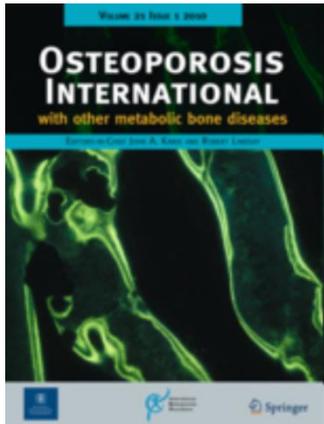
- To understand the evidence for the efficacy of calcium, with or without vitamin D, supplementation, for reducing fracture risk, in different settings.
- To appreciate the clinically significant side effects of calcium supplementation.
- To understand the limitations of the evidence base suggested to link calcium/vitamin D supplementation to cardiovascular outcomes.
- To gain the knowledge necessary for appropriate use of calcium/vitamin D supplements in clinical practice.



IOF Scientific & Education Activities and Resources



IOF Scientific Journals



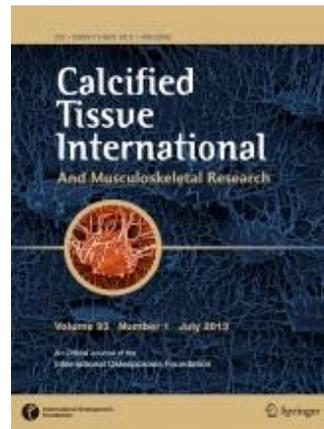
EDITORS-IN-CHIEF

John A Kanis
Felicia Cosman

IF

3.591 in 2016
3.856 in 2017
3.819 in 2018
3.864 in 2019

3.917 in 5-year



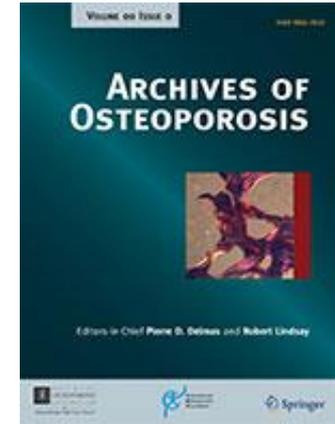
EDITORS-IN-CHIEF

René Rizzoli
Stuart H Ralston

IF

3.124 in 2016
3.293 in 2017
3.265 in 2018
3.423 in 2019

3.437 in 5-year



EDITORS-IN-CHIEF

John A Kanis
Felicia Cosman

IF

1.960 in 2016
2.382 in 2017
2.469 in 2018
2.017 in 2019

2.311 in 5-year

OI ranked 44th of 143 journals in the category Endocrinology & Metabolism, **CTI** 59th, **AO** 115th
AO ranked 38th of 82 journals in the category Orthopedics

IOF Events



WCO-IOF-ESCEO
Annual congress



IOF Regional
Conference

BoneCast webinar



HOSTED BY IOF CSA MEMBERS
Key experts in the field

A LARGE VARIETY OF TOPICS
Ca & VitD supplementation, hypoparathyroidism,
GIOP, FLS, nutrition...



René Rizzoli



Cyrus Cooper



Peter Ebeling



Nicholas Harvey



Serge Ferrari



Kassim Javaid



Thierry Thomas



Nancy Lane



Gustavo Duque



Aliya Khan

Osteoporosis Essentials Course



Osteoporosis
Essentials

What is the Osteoporosis Essentials Course?

- A **joint course** proposed by the **International Society for Clinical Densitometry and IOF**
- The course provides for a **comprehensive training on the clinical management of osteoporosis** as well as a **separate track for technicians**.
- A **certificate of achievement** is delivered upon success at the final examination.

Who can benefit from an Osteoporosis Essentials Course?

- Members of the IOF Network are entitled to be the organizer of an Osteoporosis Essentials Course

More information on the Osteoporosis Essentials Course can be found [here](#)

Scientific Resources and events

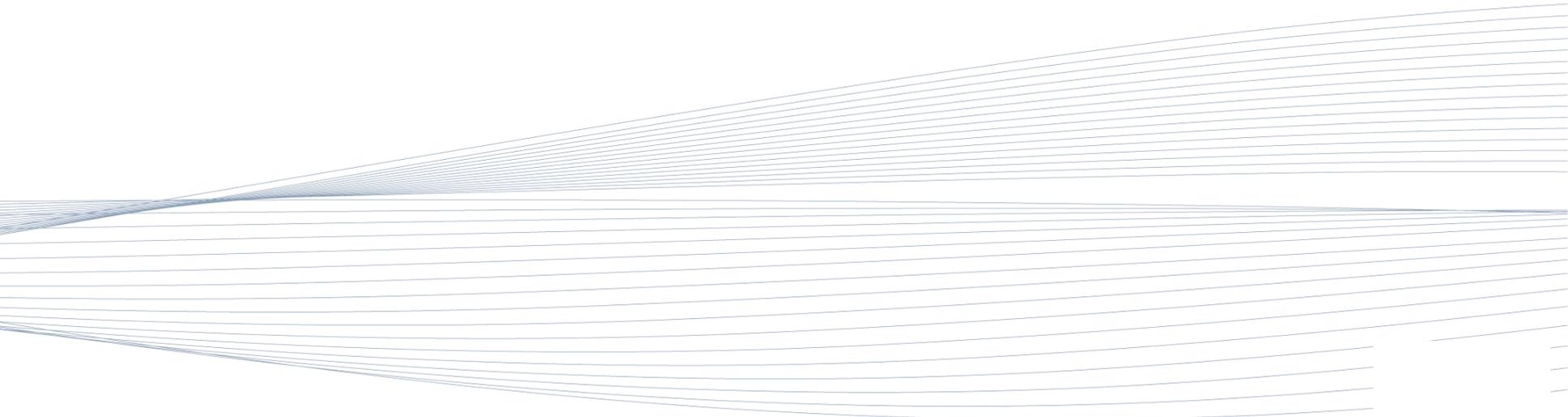
IOF Skeletal Rare Diseases Activities

- **IOF Skeletal Rare Diseases Academy**
 - Launched in August 2020
 - Mission to advance and disseminate much needed knowledge, and communicate the importance of diagnosis, management and support for rare bone diseases.
 - Areas of activity included scientific publications, development of educational programmes and training courses, and dissemination of informational resources for patients and healthcare professionals.
 - IOF Skeletal Rare Diseases Awards which recognize research excellence among young scientists in the field.
- **Activities**
 - Development of the Skeletal Rare Disorders Atlas in 2015
 - E-learning through webinars and podcasts on various topics related to skeletal rare disorders
 - Communication campaign during Rare Diseases Day (February 28th)





IOF Advocacy Activities and Resources



WorldOsteoporosisDay

October20



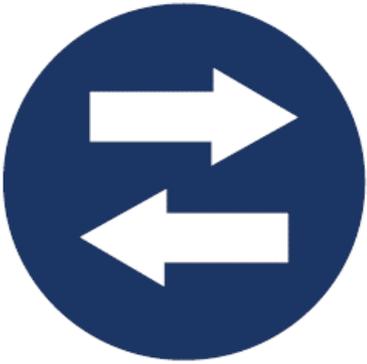
**CREATE
AWARENESS**



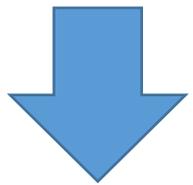
**REACH A
BIGGER
AUDIENCE**



**FOCUS ON
THE BURDEN**



**CHANGE THE
PERCEPTION**

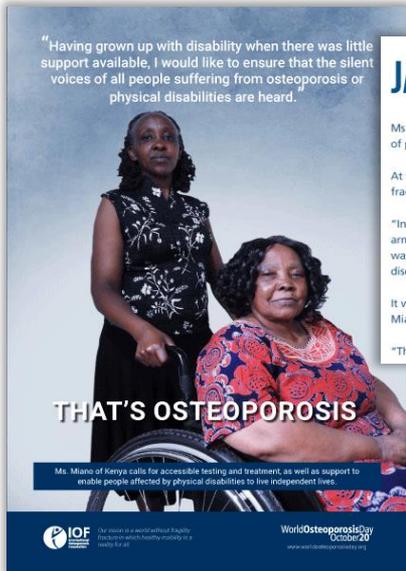


Enhancing the University's visibility with promotion of events organised for WOD on the [WOD Map](#) of Events

World Osteoporosis Day

Resources and materials provided by IOF

WorldOsteoporosisDay
October20



JANE MIANO

Ms. Jane Nyawira Miano was born in Central Kenya in 1949. At eight years of age she suffered a bout of polio, and as of then she had to use a wooden pole to help her walk in life.

At the age of 39 years, she fell and sustained fractures in the wrist and shoulder. Although the fractures healed, she was not able to drive due to pain and fatigue.

"In 1988, osteoporosis was not known in Africa as a bone debilitating disease. As years passed by, my arms developed problems. I was not able to use crutches. My foreign friend who is a doctor, told me I was possibly suffering from osteoporosis. It was the first time I had heard about this type of a disease," she recalls.

It was not until the year 2000, when an osteoporosis awareness campaign started in Kenya that Ms Miano sought the help of a local physician, and was diagnosed with osteoporosis.

"The doctor told me that I had low bone mass, which makes my bones thin and fragile."

Patient Gallery
with stories and
posters

WorldOsteoporosisDay October20

OSTEOPOROSIS.RISK.CHECK

Find out whether any of these common risk factors could apply to you.

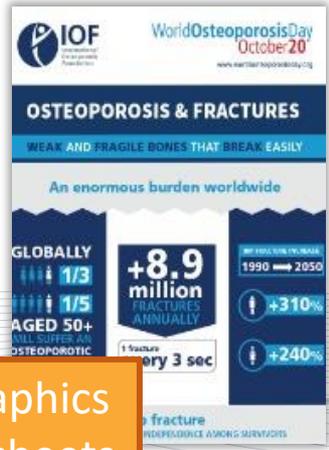
OLDER THAN 60?	BROKEN A BONE AFTER AGE 50?	GETTING SHORTER?	PARENTAL HISTORY?
FREQUENT FALLS?	GLUCOCORTICOID TREATMENT?	RHEUMATOID ARTHRITIS?	DIABETES?
HYPERTHYROID OR HYPERTHYRATROID?	DIGESTIVE DISEASES?	BREAST OR PROSTATE CANCER THERAPY?	LOW TESTOSTERONE LEVELS?
EARLY MENOPAUSE, PERIODS STOPPED?	OVARIES REMOVED?	UNDERWEIGHT?	GETTING ENOUGH SUNLIGHT?
LITTLE PHYSICAL ACTIVITY?	AVOIDING DAIRY FOODS?	TOO MUCH ALCOHOL INTAKE?	SMOKER?

<https://riskcheck.osteoporosis.foundation/>



Posters

Patient brochure



Infographics
& Factsheets

RISK CHECK

MAIN GOALS:

- Raise awareness about the osteoporosis risk factors
- Access more patients at risk
- Drive traffic to the IOF and WOD website

RESOURCES PRODUCED:

- Online Risk Check version
- Printable Risk Check version
- Infographic with a summary of the risk factors

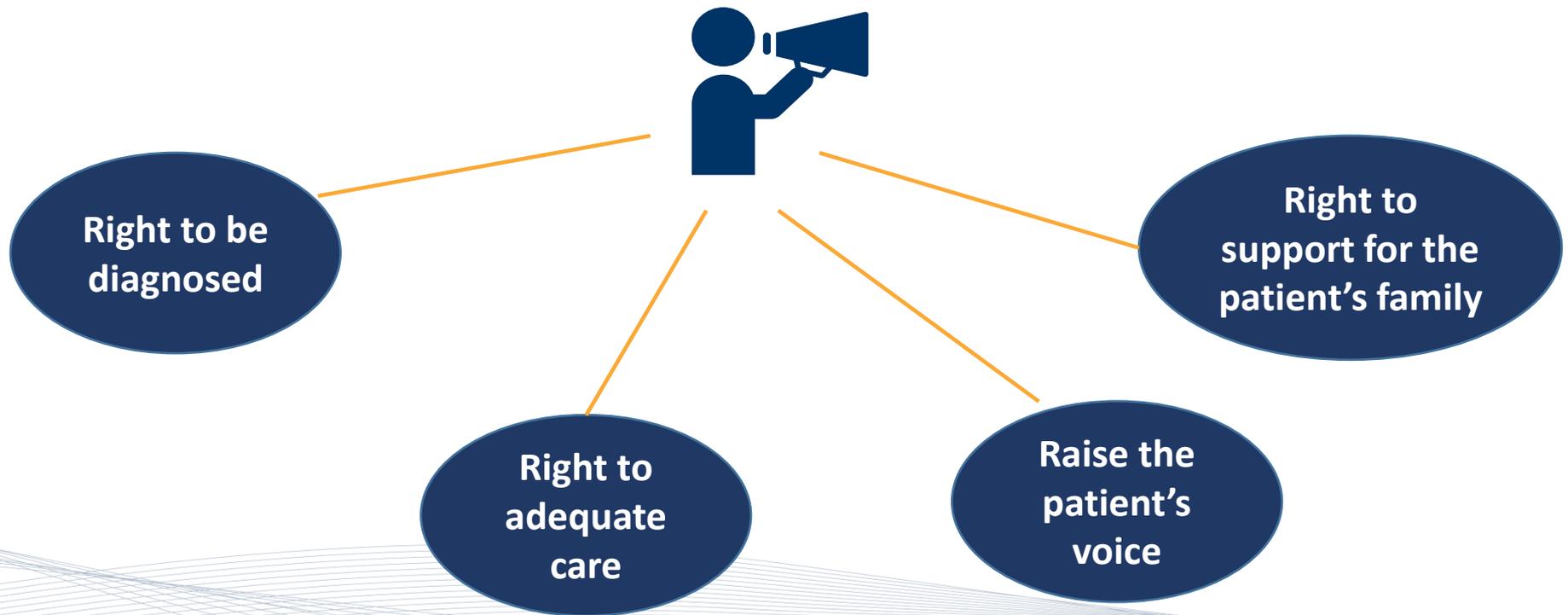
All translated
into 36 languages

[Link: Could you be at risk of broken bones due to osteoporosis? | International Osteoporosis Foundation](http://www.iof.org/riskcheck)



GLOBAL PATIENT CHARTER

Global Patient Charter which calls for 4 key patient rights

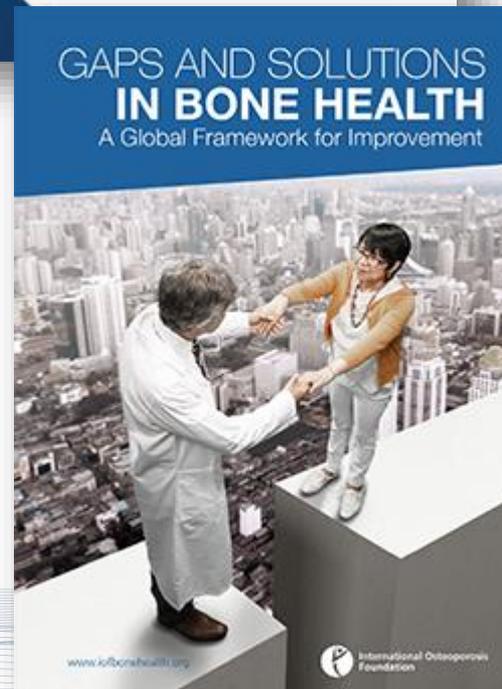
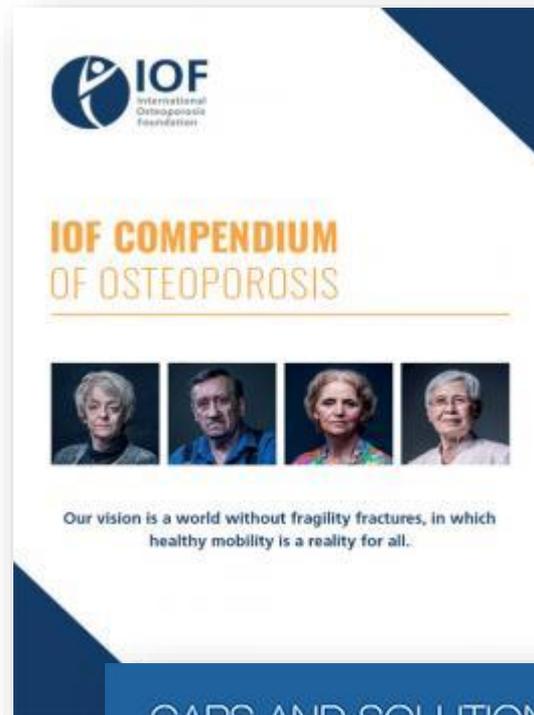


GLOBAL PATIENT CHARTER

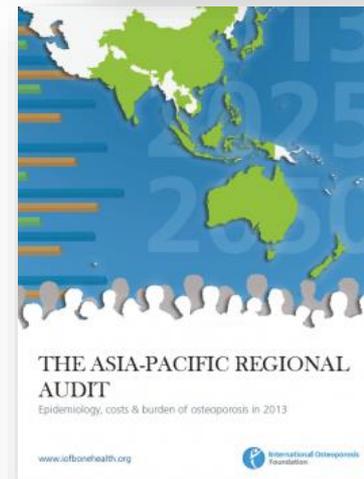
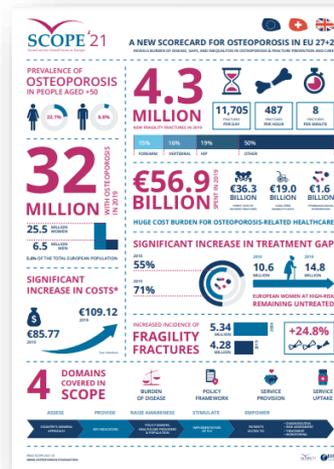
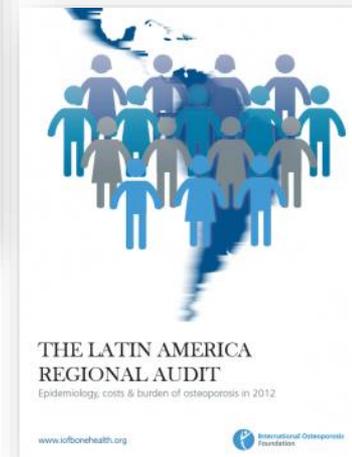
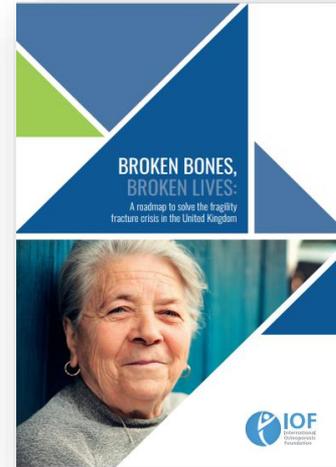
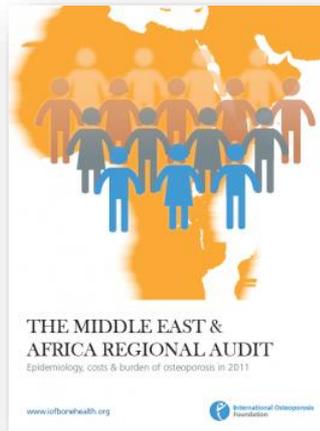
- WOD is an ideal occasion to draw attention to the burden of osteoporosis through the IOF Global Patient Charter
 - ✓ Circulate petition at your event
- Use tablets and computers at your event to invite the public to:
 - ✓ Sign the Charter online
 - ✓ Take the Osteoporosis Risk Check online
- Online resources (website: <http://globalpatientcharter.iofbonehealth.org/>)
 - ✓ GPC Factsheet
 - ✓ GPC Infographics



Thematic reports



Regional Audits





Our vision is a world without fragility fractures,
in which healthy mobility is a reality for all.

Join us

