

# GREEN BEAN SALAD WITH FETA



Time  
15min



Servings  
4

Calcium Recommended Daily Intake  
39.00%

Calories

**263**

Calcium

**390mg**

Protein

**15g**

Vitamin D

**0.19 IU**

## Ingredients

- 1 kg green beans
- 200 g feta (45% fat)
- 250 g tomatoes
- 1 big onion
- Garlic
- 2 tbsp olive oil, vinegar
- Salt
- Pepper
- Basil

## Instructions

1. Cook green beans until tender (but not overcooked).
2. Peel onion and cut into thin slices. Mince garlic. Cut feta into small cubes.
3. Mix the cooked beans together with the onion and garlic.
4. Add olive oil, vinegar, salt and pepper to taste.
5. Arrange beans on a plate and embellish with feta, tomatoes and basil.