

TURKEY-ROQUEFORT SALAD



Time
?min



Servings
6

Calcium Recommended Daily Intake
13.44%

Calories

324

Calcium

134mg

Protein

27g

Vitamin D

0.09 IU

Ingredients

- 250 g sour cream
- 70 g Roquefort cheese, crumbled
- 1 tsp salt
- 3 cups cut-up, cooked turkey or chicken
- lettuce or chicory leaves
- 6 peach halves from can, drained

Instructions

1. In a medium bowl with wire whisk or fork, mix sour cream with Roquefort and salt until well blended. Gently stir in turkey until well coated; cover and refrigerate turkey mixture.
2. To serve: Arrange lettuce leaves or chicory and 6 peach halves on serving plate. Spoon turkey mixture over peach halves, dividing equally among halves.